

FATHER'S GROUP

FOR STAY-AT-HOME DADS OF INTERCULTURAL FAMILIES

- Do you feel unique as a father because of some circumstance, like being a stay at home dad or a dad of an intercultural family?
- Do the role models around you not fit your idea of being a father?
- Wondering how to pass on your cultural heritage and language to your child?
- Ever feel a little isolated as a father?
- Feel a need for a supportive companionship?

In Father's Group you will discover – perhaps for the first time – that there are other dads who wonder and experience the same things. The idea of the Father's Group is to link up with other fathers of intercultural families to share thoughts, concerns and frustrations, reflect on being a dad in your circumstance, or just to make new friends. The focus in this group is around networking, learning new tools, sharing ideas and getting support to your own way of being a dad in an intercultural family. Don't worry – you won't be asked to share your life story but you can participate in a way that suits you. This is not therapy, we simply invite you to meet other dads while you enjoy a cup of coffee in an informal, relaxing and confidential environment. Group's language is English, and the discussion will be facilitated by a trained group leader. Both foreign and Finnish fathers of intercultural families are welcome!

REGISTRATIONS TO THE GROUP BY 25TH OF SEPTEMBER
BY EMAIL: ISMO.PITKANEN@MIESSAKIT.FI OR
TEL. 044 7511347

PLEASE LET US KNOW IN ADVANCE IF YOU HAVE A NEED
FOR A CHILDCARE DURING THE GROUP MEETINGS.

THIS GROUP IS ORGANIZED IN COOPERATION WITH
FAMILIA RY AND MIESSAKIT ASSOCIATION'S AND THE
FINNISH FEDERATION OF SETTLEMENT HOUSES' JOINT
ISÄN NÄKÖINEN (LOOKS LIKE A FATHER) PROJECT FUNDED
BY ESF.



Vipuvoimaa
EU:lta
2014–2020



Euroopan unioni
Euroopan sosiaalirahasto



The group meets in October once a week on Tuesday evenings in Familia, Lintulahdenkatu 10, 7th floor, Helsinki.

Meeting schedule:

Tue 2.10. (17.00 – 19.00)

Tue 9.10. (17.00 – 18.30)

Tue 16.10 (17.00 – 18.30)

Tue 23.10. (17.00 – 18.30)

Tue 30.10 (17.00 – 19.00)