

Homework 4.2. Life Before and After the Baby

Answer to the twelve questions below. After you have both finished answering, **discuss** your answers together.

Before the baby:

1. How happy are you with your relationship?
2. Do you feel you and your partner are equally committed to your baby and parenthood?
3. How satisfied are you with your job?
4. Do you feel you have time for things that are important to you and have time for yourself?
5. How satisfied are you with physical intimacy with your partner?
6. How often do you and your partner argue and how well do you deal with conflict?

After the baby:

1. How happy do you think you will be with your relationship?
2. Do you think you and your partner will be equally committed to taking care of the baby and housework?
3. Do you think you will be satisfied with work-life balance?

4. Do you think you will have time for things that are important to you and personal time alone or with your friends?

5. How satisfied do you think you will be with physical intimacy with your partner?

6. How often will you and your partner argue and how well will you be able deal with conflict?