



## Homework 5.1. Successes and Challenges

1. **Think about** your relationship history: Where and how did you meet? What made you fall in love with your partner? **Share your memories** with your partner.
  
2. **Think about** what makes you feel loved. In what ways (for example, words, gifts, actions, quality time together, hugs and kisses, ...) would you like your partner to express his love and appreciation? **Now think about** what “love languages” you speak. How do you normally express your love and appreciation? **Share your thoughts with your partner.**
  
3. **Think about** how you and your partner argue and deal with conflict. What is your greatest strength during arguments (for example, staying calm) and what is your weak spot (for example, exaggeration)? **Share your thoughts with your partner.**